

Morning Coffee for Drumset

By Albe Bonacci



ALBE BONACCI
Drumset Master Class, Thursday @ 12:00 P.M.

Here are some fun and challenging exercises to get the blood flowing in the hands and feet. With these exercises, I have challenged some very experienced players by putting simple eighth and eighth-note patterns over some complex patterns. You may find this challenging, but try them in a 30-second workout.

Let's start with some snare-drum exercises and subdivisions. First, play some eighth-note singles, with the hi-hat playing quarter notes with the left foot, while the bass drum plays the patterns shown later in this article. Then take it up a notch by changing the snare-drum sticking to double strokes and then to a paradiddle.



Here are the first patterns.

8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x
8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x

Next, change the subdivision on the snare drum to sixteenth notes and apply the same stickings and bass-drum patterns. The goal here is to see that Concept staff is able to follow, but so are trying to keep the snarehead. Again, the hi-hat is playing quarter notes.

8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x
8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x

Next, we look at some eighth notes on the snare drum. Again, play hi-hat on patterns, and the bass drum will use play the exercises in eighth-note or sixteenth-note. Add to all of the eighth-note sticking for sixteenth-note sticking. The first four bars from the end is double strokes over the right, and the last two bars, which should be played together in one exercise, is a paradiddle sticking over the right. You may need to add a third exercise to your coffee routine. According to the article, each paradiddle really makes you have the two different subdivisions and a challenge.

8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x
8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x

8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x
8	8	8	8	8	8	8	8	8	8	8
x	x	x	x	x	x	x	x	x	x	x